



We Are Columbia

Press Release

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FOR IMMEDIATE RELEASE

Wednesday, July 9, 2014

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Drew Wellness Center Partners with Healthways SilverSneakers to Offer Senior Fitness Program

The City of Columbia's Charles R. Drew Wellness Center has partnered with Healthways SilverSneakers in offering senior citizens a fitness club membership at Drew Wellness Center through approved Medicare programs.

Drew Wellness Center offers group exercise classes for all fitness levels, an indoor heated pool, fitness equipment, full sized basketball court, locker rooms and showers. For class schedules or more information on the center's amenities, please visit drewwellnesscenter.com.

Make Drew Wellness Center your headquarters for fitness and let SilverSneakers help you get fit your way!

Find participating health plans at silversneakers.com or call 1-888-423-4632. You can also contact your health care provider.

For more information about the Drew Wellness partnership, please contact Sterling Dye at 803-545-3200.

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Public Relations

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